

Biography - Alex Pate, ACS, ALS

Alex Pate is a realtor with Metro Brokers/GMAC Real Estate, and a Pre-License Real Estate Instructor. An Atlanta native and graduate of Morehouse College, he has a B.A. in Business Administration and over 20 years of sales and management experience.

An Advanced Toastmaster and 2008 Distinguished Toastmaster candidate, Alex is a founding member of Metro Brokers/GMAC Real Estate Toastmasters and the Acting President of the soon to be formed Metro Broker/GMAC Northlake Toastmasters. He believes that developing better communication and leadership skills is the key to having a better professional, personal and spiritual life. He delights in sharing this information with others. His mantras are "Shape Yourself, Shape Your World", and "See In Your Mind, See It In Your Life."

Topics:

- Toastmasters :Better Speaking, Better Thinking, Better Listening
- 10 steps to becoming a better speaker
- Persuasive Speaking: seven strategies to influence your audience
- Say it with power :giving verbal life to your voice
- Physical Fitness
- Motivational Speeches
- Effective Goal Setting
- Leadership
- Self Improvement
- Starting Over
- Time Management

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